

Integrative Wellness

and research center inc.™

Finding A Better Way Through Nature™

Most frequently asked questions:

Question: What do you cover in a consultation or what to expect?

Answer: The consultation is broken into four parts;

- 1) Reviewing medical history, diagnosis, genetic predispositions, present lab tests and scans.
- 2) Scheduling additional lab tests to gather more facts about your health. See the price sheet to review available lab tests. Lab tests vary by client. These are the most popular:

- Neuro Adrenal Expanded Organic Acid
- Food Sensitivity lab test
- GI Effects stool lab test
- Various Genetics Type lab tests
- Advanced Lipid Panel
- Advanced Antioxidant Panel
- Blood Chemistry including thyroid

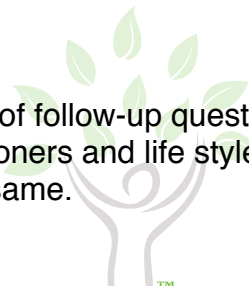
- 3) Developing a custom protocol to: Phase 1- Foundational Detoxification:
 - A. Opening detox excretion processes
 - B. Eradicating overgrowth bacteria, yeast, and parasites.
 - C. Breaking up and detoxifying toxins, chemicals, heavy metals, and biofilms that create other infections.
 - D. Balancing the Endocrine system, stress adaption and neurotransmitters.
 - E. Rebuilding the Digestion and Gastrointestinal Microbiome.
- 4) Custom dietary program based upon your health assessment.

Question: Do we take insurance?

Answer: No, we do not take insurance. However we always try to work within your budget to accomplish your health goals. Sometimes this means prioritizing supplements.

Question: How long is the consult?

Answer: Phone consults last up to 1 hour and include one week of follow-up questions. Office visits: Last 2 hours. Our team of experienced practitioners and life style educators will mentor you toward better health. Cost is the same.



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